

## www.GuardianAnytime.com

Access helpful, secure information about your Guardian benefits instantly — at www.GuardianAnytime.com. You can do it 24/7, without picking up the phone.

- · Review information about your benefits
- Update your contact information
- For dental plans, estimate dental care costs and get tips for a healthy smile
- Check the status of a claim¹ or submit a short term disability claim
- Receive e-mail alerts when a response to a claim becomes available<sup>2</sup>

- View evidence of insurability status
- Find a provider or create a customized listing of providers
- Print forms, benefit summaries, ID cards and plan materials
- Access significant discounts on goods and services, from home office supplies to flowers<sup>3</sup>
- And so much more!

## Register in two minutes at www.GuardianAnytime.com



- I All products except Life and Critical Illness.
- 2 Not available to members with Guardian pre-paid Dental/DHMO plans (including First Commonwealth and Managed DentalGuard plans).
- 3 Certain exclusions apply and availability may vary based on company location.